

Seizure Action Plan

Effective Date _____

This student/participant is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

Student's/Participant's Name	Date of Birth	
Parent/Guardian	Phone	Cell
Other Emergency Contact	Phone	Cell
Treating Physician	Phone	
Significant Medical History		

Seizure Information

Seizure Type	Length	Frequency	Description

Seizure triggers or warning signs: _____ Student's/Participant's response after a seizure: _____

Basic First Aid: Care & Comfort

Please describe basic first aid procedures:

Does student/participant need to leave the classroom after a seizure? Yes No
If YES, describe process for returning student/participant to classroom:

Basic Seizure First Aid

- Stay calm & track time
 - Keep child safe
 - Do not restrain
 - Do not put anything in mouth
 - Stay with child until fully conscious
 - Record seizure in log
- For tonic-clonic seizure:**
- Protect head
 - Keep airway open/watch breathing
 - Turn child on side

Emergency Response

A "seizure emergency" for this student/participant is defined as:

Seizure Emergency Protocol

(Check all that apply and clarify below)

- Contact school nurse at _____
- Call 911 for transport to _____
- Notify parent or emergency contact
- Administer emergency medications as indicated below
- Notify doctor
- Other _____

A seizure is generally considered an emergency when:

- Convulsive (tonic-clonic) seizure lasts longer than 5 minutes
- Student/Participant has repeated seizures without regaining consciousness
- Student/Participant is injured or has diabetes
- Student/Participant has a first-time seizure
- Student/Participant has breathing difficulties
- Participant has a seizure in water

Treatment Protocol During School Hours (include daily and emergency medications)

Emerg. Med. ✓	Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions

Does student/participant have a **Vagus Nerve Stimulator**? Yes No If YES, describe magnet use:

Special Considerations and Precautions (regarding school activities, sports, trips, etc.)

Describe any special considerations or precautions:

Physician Signature _____ Date _____

Parent/Guardian Signature _____ Date _____